

## Community Groups & Activities

### **Brick4Kids Summer Camps**

**June 10 – June 14 (Starling Tennis Club)**

**August 5 – August 9 (Aquatic Club)**

**Half Day Morning: 9:00 am – 12:00 pm**

**Half Day Afternoon: 1:00 pm -4:00 pm**

**Full Day: 9:00 am – 4:00 pm**

Summer camps that have a different theme each week. To find out more details and register, please visit us at <https://www.bricks4kidz.com/florida-tampa/fishhawk-area-summer-camps/>

We hope to see you there!

### **Coach Scott Hoops Basketball**

**Monday, Wednesday & Friday**

**7:00 am – 8:00 am**

**Osprey Basketball Court**

Youth Basketball Training in Fishhawk Ranch! – Coach Scott is a former NCAA Division II basketball player and a coach for Lithia Select Basketball. Advanced small group skill sessions are now being offered for players with previous basketball experience ages 10-17. Email [coachscotthoops33@gmail.com](mailto:coachscotthoops33@gmail.com) for pricing and sign up!

### **Fitness Class**

**Monday, Wednesday & Friday**

**5:00 am – 6:00 am**

**Aquatic Club Parking Lot**

Begin Your Shift! Check out this small group strength training. This program runs on an 8-week cycle focused on building muscular and cardiovascular strength. Please contact Katie at 724-822-7288 or check out her website: <https://beginyourshift.com/>

### **iStroll**

**Thursday- Ibis Park 9:30 am**

**Friday – Starling Park 9:30 am**

iStroll is the ultimate 60-minute stroller workout made by athletes for parents. We incorporate running, body weight, dumbbells, and resistance bands. It gives both moms and dads a full body workout while keeping babies moving and happy! Bring a yoga mat, dumbbells (if you don't have them, don't worry because we always have extra!) and water. Check out our Facebook page at [www.Facebook.com/istrollbrandon](http://www.Facebook.com/istrollbrandon) or our website at [www.istroll.com/brandon](http://www.istroll.com/brandon). We can't wait to meet you.

### **Music Together with Jess**

**Thursday 9:30 am – 10:30 am**

**Starling Tennis Club**

Parent-child music classes right here in Fishhawk Ranch! Every week at Music Together with Jess, babies, toddlers, preschoolers, and the grown-ups who love them come together to play musically. Classes are set up in semesters, meet once a week for 45 minutes, and last a total of 8 weeks. Come sing, move and dance with us! Thursday mornings at 9:30am at Starling Tennis Club. More information at [www.musictogetherwithjess.com](http://www.musictogetherwithjess.com) or by calling Jess Waldman @ 843-789-9298.

## **We Play Pickleball Classes**

**Monday & Wednesday**

**May 6 - May 22**

**2 Sessions**

**5:00 - 6:00 pm**

**6:00 - 7:00 pm**

### **Hawk Park Pickleball Courts**

“Creating a love for Pickleball & a community to support your journey.”

3-week adult introductory Pickleball program

Secure your spot at [Weplaypickleball.co](http://Weplaypickleball.co)

[Weplaypickleballfl@gmail.com](mailto:Weplaypickleballfl@gmail.com)

## **TENNIS LESSONS**

**Starling Tennis Club**

**MJS TENNIS**

For information on lessons & clinics contact Molly Schwartz at (813) 492-9591 or email [molly34787@gmail.com](mailto:molly34787@gmail.com).

## **JONATHAN LIN**

For information on lessons & clinics contact Jonathan Lin at (415) 572-2799 or email [jonathantenniscoach@gmail.com](mailto:jonathantenniscoach@gmail.com)

## **Tae Kwon-Do**

**Monday, Tuesday & Thursday**

**Osprey Club**

**1st class: 5:30 pm - 6:30 pm**

**2nd class: 6:30 pm - 7:30 pm**

Classes are currently full, and we are establishing a wait list. For further information, contact Sabumnim Lyles at (813) 598-3282 or [fishhawktkd@gmail.com](mailto:fishhawktkd@gmail.com).

## **Watch Me Swim**

**Monday, Tuesday, Wednesday & Thursday**

**May 20 - August 1**

**8:30 am - 9:30 am**

**August 5 - August 22**

**9:00 am - 10:00 am**

### **Starling Club Lap Pool**

The area's leading provider of self-rescue swim school for infants and young children since 2000. We bridge between two philosophies to provide a well-rounded aquatic experience that goes beyond traditional swim lessons. Through our one-on-one, individualized lesson program, children learn essential lifesaving aquatic skills along with the enjoyment of recreational swimming in just a matter of weeks. For more information contact Zaina Smith at TBD or email [swimwithzaina@gmail.com](mailto:swimwithzaina@gmail.com).

## **WobbelYoga**

### ***Kids***

**Monday 4:30 pm- 5:30 pm**

**Thursday 3:15 pm – 4:15 pm**

***Homeschoolers (Bi-weekly)***

### **Tuesday**

**10:00 am – 11:00 am**

### ***Families***

### **Sunday**

**9:30 am – 10:30 am**

***\* contact us for exact class dates.***

## **Starling Tennis Club**

Wobbelyoga combines the best of yoga with all the possibilities offered by the Wobbel. The Wobbel innovates yoga lessons, by giving us a fun and challenging way to work on strength, balance and concentration. The lessons help children to increase their body awareness and their self-confidence. We include yoga poses on the Wobbel, alternate effort with relaxation, practice different styles of breathing and work on mindfulness. [www.wobbelfunyoga.com](http://www.wobbelfunyoga.com)

## **Yoga**

**Monday, Wednesday: 6:30 pm- 7:30 pm**

**Saturdays: 9:00 am-10:00 am**

## **Starling Tennis Club**

Gentle Yoga - To get the most out of your yoga practice and to feel confident in attempting more challenging postures, it is important that you start with a strong foundation. This gentle yoga class aims to teach all the fundamentals to those who are new to yoga or to those wanting a gentle paced class. Everyone must start somewhere. The focus is on listening to your body and moving in a way that works for you, not worrying about those around you. For more information go to [Fishhawkyoga.com](http://Fishhawkyoga.com).

## **Zumba Classes**

**Starting June 19**

### **Wednesday**

**9:30 am – 10:30 am**

Get a fantastic workout and learn easy to follow dance moves. Zumba is suitable for people of all ages and fitness levels, making it the perfect exercise for everyone. For more information contact, Suman at 201-912-6229 or [sumansrivast@gmail.com](mailto:sumansrivast@gmail.com).

## Community Groups

**All Community Groups are FREE to join!**

### **Pickleball**

**Monday/Wednesday/Friday 8:30 a.m. - 10:30 a.m.**

**Tuesday/Thursday 5:00 p.m. - 7:00 p.m.**

**Hawk Park Pickleball Courts**

The Pickleball Community Group is open to all FishHawk residents. All skill levels welcome. For more information, please contact Kaliym Islam at [kislam@mac.com](mailto:kislam@mac.com) or Pam Mirra at [pam@pammirra.com](mailto:pam@pammirra.com).

### **OWLS**

**2<sup>nd</sup> Thursday of even numbered months**

**6:00-8:30 pm**

**Starling Tennis Club**

OWLS, Older, Wiser, Livelier, Seniors is a group of FishHawk Ranch residents 50 and older who enjoy getting together, meeting new people, and planning fun activities. The OWLS will meet on the 2nd Thursday of even numbered months at 6:00 p.m. OWLS also meet on the 2nd Wednesday of odd numbered months for dining out. Members will receive an Evite for these events, and they will also be posted on the FB page. Visit our Facebook page at FishHawk Ranch O.W.L.S. for details. Membership is limited to FishHawk Ranch CDD residents only. If you would like to join our group, email inquiries to [FHRowls@gmail.com](mailto:FHRowls@gmail.com).

### **Zumba**

**March 20-May 22**

**Wednesday 9:30 am**

**Osprey Club**

Join us for a fantastic workout that combines Latin and International music with easy to follow dance moves. Zumba is suitable for people of all ages and fitness levels, making it the perfect exercise for everyone. Spring Session includes 10 classes starting from March 20th. For more information contact, Suman at 201-912-6229 or [sumansrivast@gmail.com](mailto:sumansrivast@gmail.com).

### **WWDanceYoga**

**Tuesday 10:00 a.m. - 11:30 a.m.**

**Osprey Club**

WWDanceYoga meets every Tuesday to practice Yoga, led by one of the group members, or dance learned from YouTube. Currently, we are practicing Yoga. Once the group members decide which dances to perform, we will learn the dances at home and assemble them during the club meeting. For further information, please contact Yanhong Wang at 517-831-1763.

### **Men's Basketball**

**Monday 6:00 pm - 8:30 pm**

**Saturday 8:00 am - 12:00 pm**

**Osprey Club**

This group is exclusively for FishHawk residents aged 25 and up who want to enjoy a fun and competitive basketball experience. Don't miss out on this chance to get involved in your community and join the FishHawk Ranch Men's Basketball Group today. Be sure to join us on Facebook at <https://www.facebook.com/FHRHoops> for updates, news, and

information. If you have any questions or would like to register, please don't hesitate to email us at [codyyoung19@gmail.com](mailto:codyyoung19@gmail.com). See you on the court!